<table>
<thead>
<tr>
<th>General Assistance</th>
<th>Mental Health/Substance Abuse</th>
<th>Health Assistance</th>
<th>Financial Assistance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wake County Human Services</td>
<td>Catholic Charities</td>
<td>Open Door Clinic</td>
<td>First Presbyterian Church</td>
</tr>
<tr>
<td>919-212-7000</td>
<td>919-790-8533 (x29 for Spanish)</td>
<td>919-832-0820</td>
<td>919-833-4070</td>
</tr>
<tr>
<td>220 Swinburne St, Raleigh, NC</td>
<td>3000 Highwoods Blvd Individual, family, marital, and group counseling for mental health needs. Fees based on a sliding scale.</td>
<td>1390 Capital Blvd.</td>
<td>120 West Hargett St, Raleigh</td>
</tr>
<tr>
<td>Combined social services, health, and mental health agency. Provides child welfare, health, disability, mental health, substance abuse, veteran, homeless, and winter emergency assistance and employment services.</td>
<td>Cornerstone Center</td>
<td>Medical care and prescriptions for individuals without insurance and don’t qualify for Medicaid. 18+ cannot be pregnant</td>
<td>By appointment only</td>
</tr>
<tr>
<td>United Way 211</td>
<td>919-508-0777 Serves homeless individu-als with mental illness and substance abuse issues. Provides resources in areas for crisis intervention, employment and counseling, case management</td>
<td>Advance Community Health</td>
<td>Call Tuesday at 9:30am. Financial assis-tance is provided once a year for rent, utilities, and other needs of those em-ployed.</td>
</tr>
<tr>
<td>2-T or 1-800-831-1754 Hotline Referrals</td>
<td>Triangle Family Services</td>
<td>Several locations. Call for directions. Offers affordable healthcare and pedia-tric services to uninsured</td>
<td>Wake County Human Services</td>
</tr>
<tr>
<td>24-hour human service information and referrals.</td>
<td>919-821-0730</td>
<td>Only Wake County residents</td>
<td>Service Intake</td>
</tr>
<tr>
<td>Careline</td>
<td>3937 Western Blvd. Family, marital, and individual therapy by li-censed clinicians.</td>
<td>Alliance Medical Ministry</td>
<td>919-212-7000</td>
</tr>
<tr>
<td>1-800-662-7030</td>
<td>BY APPOINTMENT ONLY</td>
<td>101 Donald Ross Dr., Raleigh</td>
<td>Residents of Wake County</td>
</tr>
<tr>
<td>8am-5pm, Monday-Friday Information and referral hotline.</td>
<td>The Healing Place</td>
<td>Offers affordable medical care and health education. Must be employed. Bring at least 2 pay stubs.</td>
<td>Wake County Human Services</td>
</tr>
<tr>
<td></td>
<td>919-838-9800 Men’s center and women’s center. 3-5 day non-medical detox. 7-12 month substance abuse recovery program for homeless persons. Pick-up at St. Wil-mington for men and Blount/Hargett for women (no walk-up)</td>
<td>Wake County Dental Clinic</td>
<td>North Raleigh Ministries</td>
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<td></td>
<td>Fellowship Health Resources, Inc.</td>
<td>919-250-4610</td>
<td>919-844-6676</td>
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<tr>
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<td>919-573-6520 4112 Blue Ridge Rd</td>
<td>Public Health Center Services</td>
<td>Wake Forest, Youngsville, &amp; Rolesville residents only.</td>
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<td>Wake County Human Services</td>
<td>919-250-1500 Alcoholism Treatment Center</td>
<td>919-469-9861</td>
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<td>Triangle Down Syndrome Network</td>
<td>Triangle Family Services</td>
<td>Dorcas Ministry</td>
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<td>919-803-0515 Support, educate and connect families of children with Down syndrome.</td>
<td>919-825-0700 (adults)</td>
<td>187 High House Rd., Cary</td>
</tr>
<tr>
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<td>South Light</td>
<td>919-250-4570 (pediatrics)</td>
<td>Mon - Fri 9:00am – 3:00pm &amp; by apt.</td>
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<tr>
<td></td>
<td>New Leaf Behavioral Health</td>
<td>Primary care for children and adults Sliding scale fee for the uninsured</td>
<td>Cary &amp; Morrisville residents only</td>
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<tr>
<td></td>
<td>919-781-8370 3725 National Drive, Suite 120</td>
<td>Wake Tech Dental Hygiene</td>
<td>Apex residents need referral form</td>
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<td></td>
<td>Monarch</td>
<td>919-747-0126 some fees apply</td>
<td>Western Wake Crisis Ministry</td>
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<td>919-856-4703 401 E, Whitaker Mill Rd. Mental Health related services</td>
<td>Mariam Clinic</td>
<td>919-362-0657</td>
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<td>UNC STEP Community Clinic</td>
<td>919-524-4672</td>
<td>Mon.—Thur. 10am—1pm</td>
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<td>919-445-0350 3010 Falstaff Rd. Treatment of Schizophrenia &amp; Psychotic illnesses</td>
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<td>103 1/2 E. Chatham St. Apex</td>
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<td>Provides emergency financial aid for resi-dents of APEX AND HOLLY SPRINGS ONLY</td>
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<td>Triangle Family Services</td>
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<td>919-821-0790 rent &amp; water</td>
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<td>3937 Western Blvd., Raleigh</td>
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<td>Transportation Assistance</td>
<td>Capital Area Transit</td>
<td>The Women’s Center</td>
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<td>919-485-7433 Call for bus schedules.</td>
<td>919-825-3711 rent &amp; water</td>
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<td>Triangle Transit Authority</td>
<td>112 Cox Ave., Raleigh</td>
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<td>919-549-9999</td>
<td>Garner Area Ministry</td>
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<td>Wake Coordinated Transportation Services—TRACS</td>
<td>919-872-7933 In-Home Services.</td>
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<td>919-212-7005 For the elderly (60+) and disabled. Need to provide proof of age or disa-</td>
<td>The Women’s Center</td>
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<td>bility. Also provides services for peo-ple living in certain rural areas.</td>
<td>919-825-3711</td>
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<td>Mon.—Sat. 6am-6pm Cost $2—$8</td>
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<td>Call for more information.</td>
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<td>Accessible Raleigh Transportation</td>
<td>Centro Para Familias Hispanas (Hispanic Family Center)</td>
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<td>919-996-3459 For persons with disabilities</td>
<td>919-873-0094</td>
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<td>Capital Area NCWorks Career Center</td>
<td>2013 Raleigh Blvd., Raleigh</td>
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<td>919-715-0111 Food stamp recipients only</td>
<td>Provides information, resources and refer-</td>
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<td>Child Care Service Association</td>
<td>919-403-6950 Child care referrals</td>
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<td>Call for appointment.</td>
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<td>NC Works Career Center</td>
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<td></td>
<td>919-250-3770 220 Swinburne St., Raleigh</td>
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<td>Resources for Seniors</td>
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<td>919-872-7933</td>
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<td>In-Home Services.</td>
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<td>The Women’s Center</td>
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<td>919-829-3711</td>
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<td>112 Cox Ave. Raleigh</td>
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<td>Resource center that addresses issues of poverty and homelessness among women</td>
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<td>Capital Area NCWorks Career Center</td>
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<td>919-715-0111</td>
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<td></td>
<td>Other Resources</td>
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<td>Resource list compiled by Catholic Charities</td>
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* Call ahead to find out if there are any changes. Check www.cporaleigh.org/publications.html for most recent version
**Shelters**

- **Centralized Intake for Homeless Women & Children**
  - 919-861-1195
  - Call to be directed to services that provide housing for women and children.

- **South Wilmington Street Center**
  - 919-857-9428
  - 1420 S. Wilmington St
  - Emergency shelter for men 24/7. Only for Wake County Residents. Provides long term and short term housing

- **The Healing Place (men)**
  - 919-838-9800
  - 1251 Goode St
  - Emergency shelter for men only, chosen on night by night basis

- **The Healing Place (women)**
  - 919-838-9800
  - 3304 Glen Royal Rd
  - Must be at women's center by 3pm to be entered in lottery for the night. Chosen are taken to shelter by car that leaves woman center

- **Raleigh Rescue Mission**
  - 919-828-9014
  - Emergency shelter

- **Family Promise of Wake Co.**
  - 919-832-6024
  - 903 Method Rd
  - Housing for couples with or without children or single mothers. Call first

- **Wrenn House**
  - 919-832-7866 / 919—833-3312
  - 908 W. Morgan St
  - shelter for young people (age 10-17). Call ahead to complete screening process

- **Interact**
  - 919-828-7740
  - Women & children. Must call first to complete screening process.

- **Love Wins Ministries**
  - 919-835-2777
  - 624 N. Bloodworth St., Raleigh
  - Day shelter, open Monday – Thursday, 9-11 and by appointment on Friday

**Transitional Housing**

- **Salvation Army Woman and Children Center**
  - 919-834-6733
  - 1863 Capital Blvd., Raleigh, NC
  - Women and children, and those escaping domestic violence. No boys over 10 yrs old.

- **A Carving Place**
  - 919-462-1800
  - Transitional housing for working families with children. Must be employed and working full-time, and homeless or at risk of becoming homeless. Must call to complete intake form.

- **PL M Families Together**
  - 919-212-8607
  - 908-101 Plainview Dr.
  - Provides transitional housing and re-housing support. For families that are residents of Wake County.

- **Passage Home**
  - 919-834-0666
  - Must call Mondays between 10 am and 11 am to receive an appointment.

- **AIME Incentive Program**
  - 919-834-3734
  - 412 Capital Blvd., Raleigh
  - Housing for single men. It is a shared living space and capacity is 40. Some meals provided, $60 per week. Must have referral.

- **Helen Wright Center for Women**
  - 919-833-1748
  - For woman only. Must call or visit to put name on waiting list. Each guest contracts initial stay of 2 months.

- **Lutheran Services Carolinas**
  - 919-832-2620
  - 4020 Wake Forest Rd. Suite 301
  - Raleigh
  - Transitional housing for adults with severe and persistent mental illness.

- **Oxford House**
  - 800-689-6411
  - Various houses in the area are available for both men and women recovering from alcohol and/or drug addiction. Must apply directly to the house of interest, average $90—125 weekly fee.

- **Florence Crittenton Services of NC**
  - 704-372-4663
  - The program provides 24-hour residential care and supervision to adolescent mothers and their infants who are in foster care and need placement together.

**Clothing Assistance**

- **Brooks Avenue Church of Christ**
  - 919-821-2400
  - 700 Brooks Avenue, Raleigh
  - Second and fourth Saturday of every month. 9:00am—Noon.
  - No referral required. Must have ID

- **Catholic Parish Outreach**
  - 919-873-0245
  - 2013 N. Raleigh Blvd., Raleigh
  - Mon - Sat 10:00am — 1:00pm.
  - Referral & IDs required every visit

- **Dorcas Ministry**
  - 919-469-9661
  - 187 High House Rd., Cary
  - Mon - Fri 9:00am — 3:00pm & by apt.
  - Cary & Morrisville residents only

- **Garner Area Ministries**
  - 919-772-9100
  - 885 and 889 Hwy. 70, Garner
  - Mon-Fri 9:00am-12:00pm
  - Gardner residents only

- **North Raleigh Ministries**
  - 919-844-6676
  - 9650 Strickland Rd., Raleigh
  - Mon—Thur 10am-12:30pm; Thur 2-3pm
  - No referral required. Need photo id, ss cards, & utility bill. For residents living in the following zip codes: 27606, 27609, 27612, 27613, 27614, 27615, & 27616.

- **Oak City Outreach Center**
  - 919-812-5546
  - 215 1/2 S. Person St., Raleigh
  - Weekends 9am-6pm

- **Salvation Army**
  - 919-834-6733
  - 1863 Capital Blvd., Raleigh
  - Tues-Thurs at 12:30, 1st 20 people only. ID for all family members required.
  - No referral required. Call for appointment.

- **Shepherd’s Table Soup Kitchen**
  - 919-531-2510
  - 121 Hillsborough St., Raleigh
  - Mon-Fri 11:00AM — Noon
  - Provides free hot meals. No referral required.

- **The Point Food Pantries**
  - 919-467-9159
  - 1503 Walnut St., Cary
  - 1402 E. Williams St., Apex & 3700 Lake Wheeler Rd., Raleigh
  - Every Saturday 11:00AM — Noon
  - No referral required, must live in Wake Co.

- **Urban Ministries Food Pantry**
  - 919-360-1642
  - 1390 Capital Blvd. Raleigh
  - Mon-Fri 9am — 1pm
  - ID for all members of household required. Must be a Wake county resident.

- **With Love from Jesus**
  - 919-233-8010
  - 421 Chapancoke Rd., Raleigh
  - Wed, Fri, and Sat
  - 10am — 12pm
  - No Referral Required.

- **First Baptist Church**
  - 919-832-4485
  - 99 N. Salisbury St., Raleigh
  - Wed 10-11:30 am, Thurs 1-2:30 pm
  - Free Clothing. Must have ID

- **Dorcas Ministry**
  - 919-469-9661
  - Open Mon—Fri 9am-3:00pm & by apt.
  - Cary and Morrisville residents only

- **Reaping the Harvest Christian Church**
  - 919-924-2774
  - 331 Tryon Rd, Raleigh NC 27603
  - By Apt only
  - Tue & Fri 10:30-1:30

**Thrift Stores**

- **Bargain Box**
  - 919-833-7587
  - 401 Woodburn Rd., Raleigh

- **Dorcas Thrift Shop**
  - 919-469-9661
  - 187 High House Rd., Cary

- **The North Raleigh Ministries**
  - 919-417-1471
  - 9650 Strickland Road, Suite 161
  - at risk of becoming homeless.

- **Sightly (not slightly) Worn Thrift Shop**
  - 919-256-4220
  - 2701 Noblin Rd. Suite 2705, Raleigh

- **Goodwill Industries**
  - 919-834-0504
  - 321 W. Hargett St., Raleigh

- **Goodwill Industries**
  - 919-782-2435
  - 4801 Grove Barton Rd., Raleigh

- **With Love from Jesus**
  - 919-233-8010
  - 421 Chapancoke Rd., Raleigh
  - Tues, Wed, Fri, and Sat
  - 10am — 1:30pm
  - No Referral Required.

**Western Wake Crisis Ministry**

- 919-362-0657
  - 1600 Olive Chapel Rd suite 408 Apex
  - Mon, Tue, Wed, Thu 11am—2pm
  - 2nd & 4th Thur. evenings 6:30pm — 8pm
  - Services for residents of Friendship, Holly Springs, New Hill. Please bring proof of current address. No referral req'd.

**Wake Relief**

- 919-833-6400 ext. 3
  - 616 Tucker St. Raleigh
  - Mon/Tue 1-3pm, Wed/Fri 10-noon
  - 4th Sat 10-noon, Referral Required. Must have id for all family members and last 5 digits of SSN

**Alliance of AIDS Services—Carolina**

- 919-834-2437
  - 1637 Old Louisburg Rd. Raleigh
  - Mon 3-7pm, Tue & Wed. 12:30-4pm